



Picto
CHEF



SALADE DE FRUITS FRAIS

Sophie Lemarié

illustré par *Pascal Biet*



ingrédients



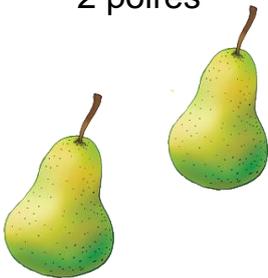
et ustensiles



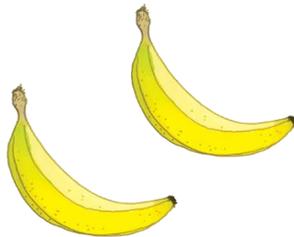
pour la salade
de fruits frais



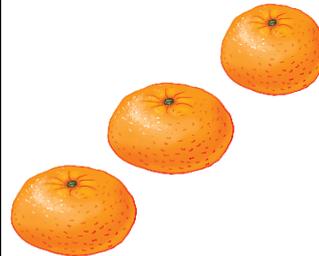
2 poires



2 bananes



3 clémentines



3 kiwis



du sucre cassonade



du jus de citron



de la cannelle



un couteau et une
petite cuillère



1 assiette



1 saladier



1 fouet



les pots doseurs
rouge et jaune



cuisiner



la salade
de fruits frais



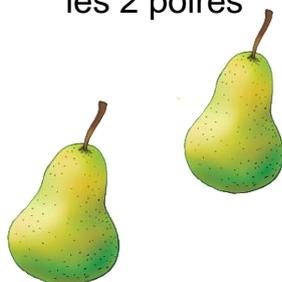
se laver les mains



éplucher



les 2 poires



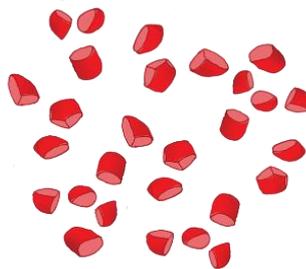
couper

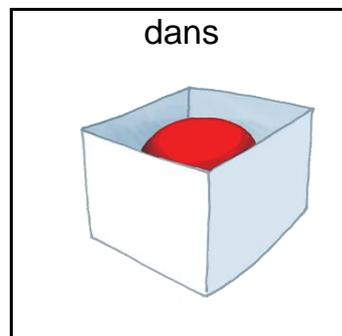
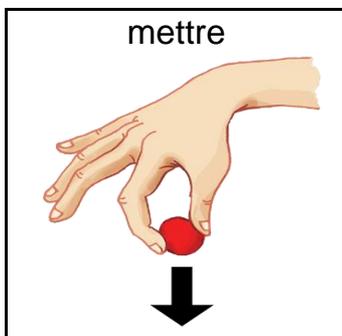
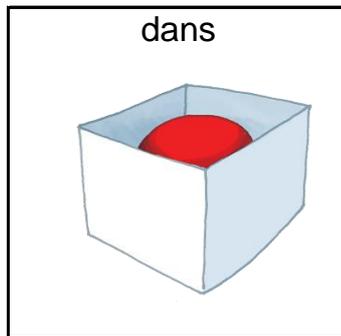
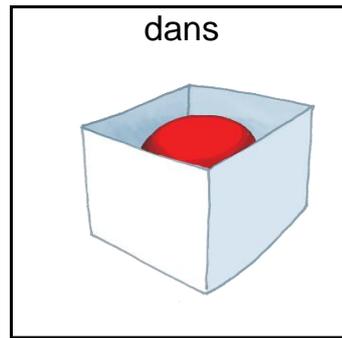
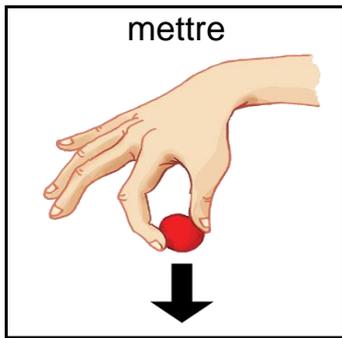
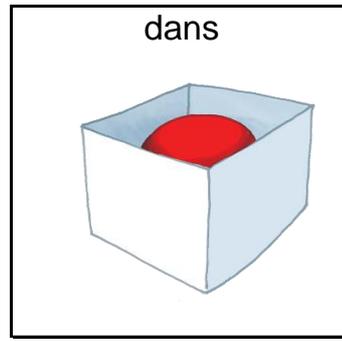
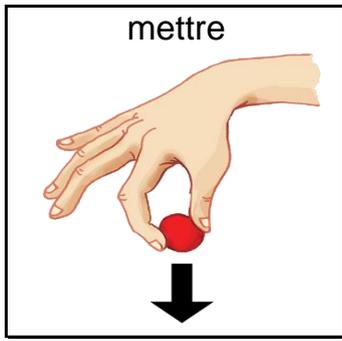


les 2 poires



en petits morceaux

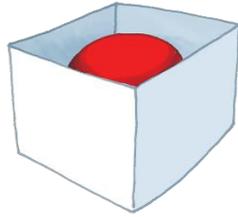




vider la cuillère



dans



le saladier



mélanger
avec le fouet



éplucher



les 3 kiwis



couper



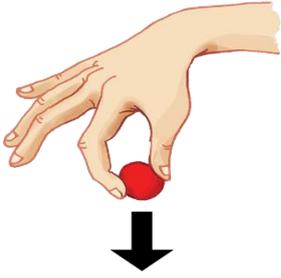
les 3 kiwis



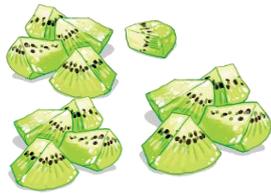
en petits morceaux



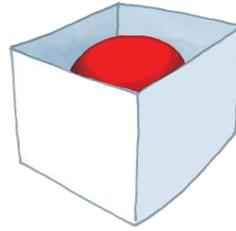
mettre



les morceaux de kiwi



dans



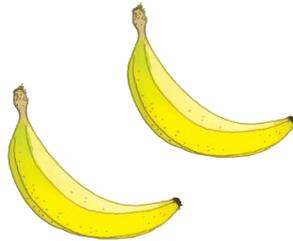
le saladier



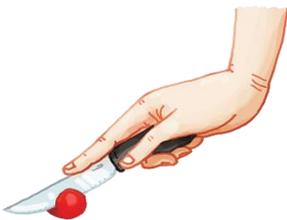
éplucher



2 bananes



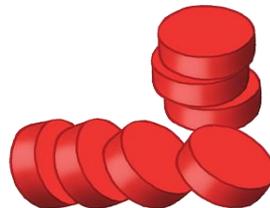
couper



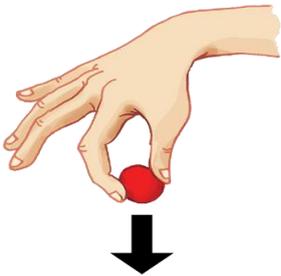
les 2 bananes



en rondelles



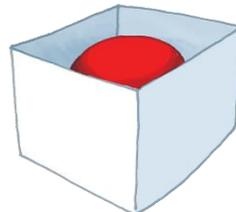
mettre



les rondelles
de banane



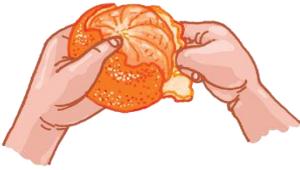
dans



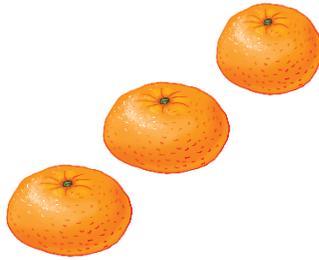
le saladier



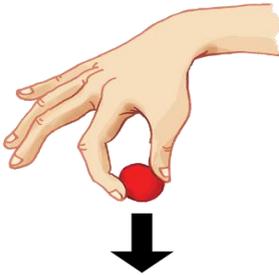
éplucher



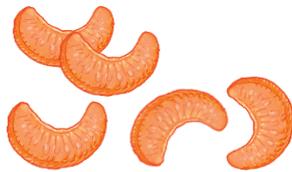
les 3 clémentines



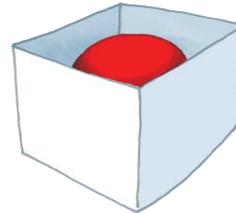
mettre



les quartiers de
clémentine



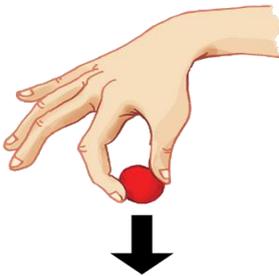
dans



le saladier



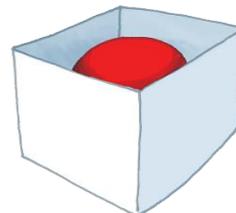
mettre



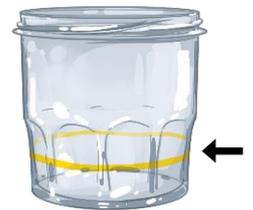
du jus de citron



dans



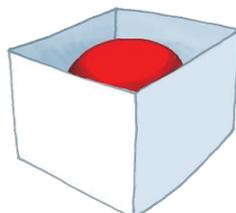
le pot
jusqu'au trait jaune



vider le pot



dans



le saladier



mélanger
avec le fouet



se laver les mains



appeler 1 aidant

